

Morgan Paris Lanza (MPL)

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BIO: Hello! My name is Morgan Paris Lanza (MPL). I am a queer independent recording artist. I am an alternative rnb/jazz-pop vocalist, songwriter, and music producer creating songs that share my life stories and have been described as ethereal, dreamy, and "nostalgic for the future." I have worked behind the scenes in production and as a stage manager. I am the founder and former Executive Director of Bellingham Girls Rock Camp, a non-profit music and empowerment program for girls and queer youth. I have performed on stage since I was 11. Bright colors, vintage cars, lusciously dressed sets, and choreographed dancing characterize my aesthetic world, dubbed the "Lanza-verse."

PROFESSIONAL PERFORMANCE EXPERIENCE

SEPT 2013 - PRESENT

"Lanza-Verse Live" (Stage Production). Sold out at Barboza (200 capacity room) in Seattle. Starred in and produced live stage production and mulit-media experience set to my original compositions, featuring back up dancers, set pieces, costume changes. January 2025.

"Don't Come Back" (Official Music Video). Starred in and co-produced with Walking Distance Media the music video for my original composition. 2024.

"My Vanity" (Official Music Video). Starred in and co-produced with Walking Distance Media the music video for my original composition. Featured at the Museum of Museums (MoM) Winter exhibition. 2022.

Numerous studio sessions and live performance appearances in the PNW in recording studios and venues performing Soul, Jazz, Blues, R&B, Hip Hop, and other popular music styles, including original compositions, with various accompanists, combos, and solo. Also Manager. 2013-present.

"Thriller" dance. Assisted Seattle-based dancer, Taqueets, in teaching the "Thriller" dance at the Welcome Back Seattle event. Summer 2021.

Wonderhouse. Bellingham-based band performing Jazz standards, popular music covers, and original compositions. Also Manager. 2018-2020.

Whatcom Sound Jazz Singers. Women's Jazz choir in Bellingham, WA. 2016-2018.

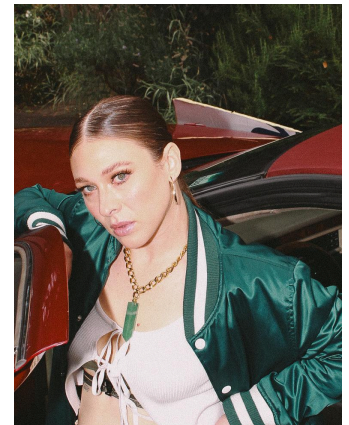
JudyJustJudy. Bellingham-based band writing and performing original Jazz-based pop music. Also Manager. 2015-2018.

Numerous stage productions from age 11 through college. List of shows upon request.

Instruments played: keyboard (int.). Voice parts: Soprano I and II, Alto I.

TRAINING

Course/Workshop	Instructor/Director	Date
ZTHEORY Heels Foundation	Julia Hart	Winter 2023
Drop Squad (Hip Hop Dance Crew)	Lex Ramirez	2022 - 2023
Dance Empowered (Founding Member)	Shadae Simone	Summer 2021
McClosky Institute of Voice Summer Seminar	Various	Summer 2021
Voice – Pop, Jazz, Broadway	Cheryl Hodge	2013 – 2019
Advanced Women's Chorale	Tim Fitzpatrick	2014 - 2015
Mod-Hop I, II (Modern/Hip Hop Dance)	Hannah Lindberg	2011- 2013
Stanislavsky	Jim Lortz	2012
Vocal and Physical Viewpoints	Drue Robinson	2012
University Women's Choir	Tim Fitzpatrick	2012 - 2013
Shakespearean Verse	Rich Brown	Winter 2012
Grotowski	Rich Brown	Winter 2012
Shakespearean Physicality	Patrick Dizney	Fall 2012
Restoration Physicality	Patrick Dizney	Fall 2012
Musical Theatre	Jim Lortz	Fall 2011
Acting Studio I: Theory	Jim Lortz	Spring 2011
Intro to Acting	Jim Lortz	Winter 2011



EDUCATION

Bachelor of Arts
Interdisciplinary Studies
Western Washington
University

Concentration – "Music & Society: The Social Context of the Performing Arts and Entrepreneurship"

Acting – 100, 200, and 300 level courses at WWU

Minors in French; Music; Audio Technology, Music, and Society

SPECIAL SKILLS

Voice – Mezzo-Soprano, Rap, Spoken Word, voiceover

Music – Songwriting, Keys, Music Production

Dance – Choreography, Hip Hop, Sensual, Heels, Tap

Dialects – Transatlantic, Southern, Standard Stage British, Cockney, East Coast

Circus - Unicycling

Tech – Audio Recording

Production - Stage Management, Directing

LANGUAGES

English (native), French (conversational)

